

SCHOOL LUNCH MENU AUTUMN/WINTER 2018/19

Week 1	Week 2	Week 3
<p style="text-align: center;">Monday</p> <p>Mama's Meatballs & Pasta with Linda McCartney Pasta Bolognese (V) Cold option: Cheese & Tomato Sandwich (V) Mixed Vegetables Organic Yeo Valley Fruit Yogurt</p>	<p style="text-align: center;">Monday</p> <p>Roasted Sausages with Mash & Gravy Linda McCartney Vegi Sausages with Mash & Gravy (V) Cold Option: Tuna & Cucumber High Fibre Roll Garden Peas & Sweetcorn Organic Yeo Valley Fruit Yogurt</p>	<p style="text-align: center;">Monday</p> <p>Nasi Goreng (Singapore Rice) (V) Quorn Frankfurter Bake (V) Cold Option: Cheese & Tomato Sandwich (V) Sweetcorn & Baby Carrots Organic Yeo Valley Fruit Yogurt</p>
<p style="text-align: center;">Tuesday</p> <p>Texas Cowboy Chilli with Rice Potato & Onion Frittata (V) Cold Option: Tuna & Cucumber High Fibre Roll Garden Peas & Cauliflower Fresh Fruit Salad</p>	<p style="text-align: center;">Tuesday</p> <p>Piri Piri Chicken Drumstick with Sunshine Rice Cheese & Potato Pie (V) Cold Option: Cheese & Tomato Sandwich (V) Garden Peas & Cauliflower Fresh Fruit Salad</p>	<p style="text-align: center;">Tuesday</p> <p>Nona's Lasagne & Homemade Crusty Bread Roasted Vegetables and Feta Pasta (V) Cold Option: Tuna & Cucumber Sandwich Green Beans & Cauliflower Fresh Fruit Salad</p>
<p style="text-align: center;">Wednesday</p> <p>Sticky Chicken Drumstick & Gravy Homemade Lentil & Vegetable Roast (v) Cold Option: Chicken Mayo & Sweetcorn High Fibre roll Carrots & Garden Peas Roast Potatoes Carrot Cake</p>	<p style="text-align: center;">Wednesday</p> <p>Roast Norfolk Turkey & Gravy Quorn Roast (V) Cold Option: Chicken Mayo & Sweetcorn High Fibre roll Carrots & Garden Peas Roast Potatoes Banana Cake</p>	<p style="text-align: center;">Wednesday</p> <p>Hertfordshire Roast Chicken Drumstick & Gravy Linda McCartney Stromboli (V) Cold Option: Chicken Mayo & Sweetcorn High Fibre roll Mixed Vegetables Roast Potatoes Golden Flapjack made with Organic Oats</p>
<p style="text-align: center;">Thursday</p> <p>Chicken Paprikash with rice Macaroni Cheese with homemade Bread (V) Cold Option: Cheese Salad Sandwich (V) Mixed Vegetables Chocolate Sponge with Chocolate Sauce</p>	<p style="text-align: center;">Thursday</p> <p>Classic Chicken & Mushroom Pie with Mash Veggie Moussaka (V) Cold Option: Cheese Salad Sandwich (V) Sweetcorn & Green Beans Jam Sponge & Custard</p>	<p style="text-align: center;">Thursday</p> <p>Chicken Masala & Steamed Rice Cheese Flan with Diced Potatoes (V) Cold Option: Cheese Salad Sandwich (V) Broccoli & Baby Carrots Apple Crumble made with Organic Oats & Custard</p>
<p style="text-align: center;">Friday</p> <p>Harry Ramsden Lemon Crumb Salmon Margherita Pizza (V) Cold Option: Egg Mayo High Fibre Roll (V) Baked Beans, Sweetcorn & Oven Chips Jelly & Ice Cream</p>	<p style="text-align: center;">Friday</p> <p>Harry Ramsden MSC Fish Fillet Margherita Pasta Bake (V) Cold Option: Egg Mayo High Fibre Roll (V) Baked Beans, Sweetcorn & Oven Chips Chocolate Cracknel</p>	<p style="text-align: center;">Friday</p> <p>Lamb Burger in a Bun Veggie Burger in a Bun (V) Cold Option: Egg Mayo High Fibre Roll (V) Baked Beans, Garden Peas & Oven Chips Chocolate Ice Cream Tub</p>

AVAILABLE DAILY : Unlimited Salad bar with a variety of salads from Greek Salad, Coleslaw, omatoes, Cucumber, Carrot and sultana, Pasta Salad and Potato Salad.

Range of wholemeal, white & Homemade bread. Drink of the day (Water, Organic Milk or Fruit Juice), Fresh Fruit available daily. Jacket potato offered daily with a choice of fillings.