

Allergy Free World Menu Autumn/Winter 2026/27



Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet.
Any dishes above without a recipe number are the same as the core menu.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Tomato and Basil Chicken with Wedges and Roast Root Veg KS1 (1309978) KS2 (1309979)	Beef Chilli with Rice, Broccoli and Sweetcorn KS1 (1310374) KS2 (1310377)	Roast Chicken, Skin on Roasties, Gravy with Carrots and Peas KS1 (1202888) KS2 (1202889)	Meatball Biryani with Rice and Kachumber Salad KS1 (1310384) KS2 (1310387)	Southern Fried Chicken Fillet with Chips, Baked Beans and Peas KS1 (1153372) KS2 (1153373)
Option 2	Mexican Sweet Corn Bean Stew with Wedges and Roast Root Veg KS1 (1309981) KS2 (1309984)	Sweet Potato Chilli with Rice, Broccoli and Sweetcorn KS1 (1310380) KS2 (1310383)	Roast Vegetable Hot Pot, Skin on Roasties, Gravy, Carrots and Peas KS1 (1206751) KS2 (1206758)	Vegetable Korma with Rice and Kachumber Salad KS1 (1310413) KS2 (1310416)	Veggie Bean Patty with Chips, Baked Beans and Peas KS1 (1153377) KS2 (1153375)
Pasta	Spaghetti Topped with Homemade Tomato Sauce Available daily KS1 (1072852) KS2 (1072862)				
Jacket Potatoes	Crispy Skin Jacket Potato with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans (1062801)				
Dessert	Orange Cookie KS1 (1309987) KS2 (1309990)	Strawberry Jelly	Chocolate Banana Bread KS1 (1117906) KS2 (1120566)	Fruit Salad KS1 (906548) KS2 (906549)	Carrot Cake Muffin KS1 (1310114) KS2 (1310121)

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Option 1	Loaded Cajun Beef & Corn Potato Wedges and Mixed Greens KS1 (1316140) KS2 (1316141)	Chinese Chicken with Rice, Green Beans and Sweetcorn KS1 (1310437) KS2 (1310441)	Roast Gammon, Skin on Roasties, Gravy with Carrots and Cabbage	Meatball Marinara Spaghetti and Mixed Salad KS1 (1117961) KS2 (1117975)	Southern Fried Chicken Fillet with Chips, Baked Beans and Peas KS1 (1153372) KS2 (1153373)
Option 2	Green Veg & Butter Bean Stew with Wedges and Mixed Greens KS1 (1316133) KS2 (1316137)	Chinese Veggie Stir Fry with Rice, Green Beans and Sweetcorn KS1 (1310443) KS2 (1310444)	Tomato & Bean Layer Bake, Skin on Roasties, Gravy, Carrots and Cabbage KS1 (1202977) KS2 (1203057)	Cajun Roasted Veg Spaghetti and Mixed Salad KS1 (1310449) KS2 (1310454)	Veggie Bean Patty with Chips, Baked Beans and Peas KS1 (1153377) KS2 (1153375)
Pasta	Spaghetti Topped with Homemade Tomato Sauce Available daily KS1 (1072852) KS2 (1072862)				
Jacket Potatoes	Crispy Skin Jacket Potato with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans (1062801)				
Dessert	Watermelon Wedge	Orange Jelly	Pear Spiced Muffin KS1 (1203473) KS2 (1203477)	Lemon Cookie KS1 (1118219) KS2 (1118221)	Brownie KS1 (1117942) KS2 (1120538)



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	BBQ Chicken & Sweet Potato Wedges and Vegetable Sticks KS1 (1246500) KS2 (1246489)	Mexican Beef Rice with Broccoli and Sweetcorn KS1 (1310456) KS2 (1310490)	Roast Pork, Skin on Roasties with Gravy, Carrots and Green Beans	Jerk Chicken with Paprika Rice and Green Salad KS1 (1310507) KS2 (1310508)	Southern Fried Chicken Fillet with Chips, Baked Beans and Peas KS1 (1153372) KS2 (1153373)
Option 2	Sweet Potato Wedges with Sweet Chilli Roasted Veggies and Vegetable Sticks KS1 (1120589) KS2 (1120591)	Mexican Veg with Rice, Broccoli and Sweetcorn KS1 (1310496) KS2 (1310501)	Roast Vegetable Hot Pot, Skin on Roasties, Gravy, Carrots and Green Beans KS1 (1206763) KS2 (1206766)	Sweet Potato Coconut Bean Stew with Paprika Rice and Green Salad KS1 (1310510) KS2 (1310515)	Veggie Bean Patty with Chips, Baked Beans and Peas KS1 (1153377) KS2 (1153375)
Pasta	Spaghetti Topped with Homemade Tomato Sauce Available daily KS1 (1072852) KS2 (1072862)				
Jacket Potatoes	Crispy Skin Jacket Potato with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans (1062801)				
Dessert	Shortbread KS1 (1120582) KS2 (1120586)	Raspberry Jelly	Apple Muffin KS1 (1117922) KS2 (1120404)	Peach Crumble KS1 (1203468) KS2 (1203471)	Coco Cookies KS1 (1120747) KS2 (1120750)

