



Children First

The AAE Curriculum

Cycle A

Term: Autumn 1

Topic: All about me

Autumn 1 Topic: All about me Communication Focus: Interaction	WEEK 1 Week Beg: 07.09.26	WEEK 2 Week Beg: 13.09.26	WEEK 3 Week Beg: 21.09.26	WEEK 4 Week Beg: 28.09.26	WEEK 5 Week Beg: 05.10.26	WEEK 6 Week Beg: 12.10.26	WEEK 7 Week Beg: 19.10.26
Maths Sorting (size/colour/shape)	Shapes (sensory)	I am learning to sort by shape (Practical/Interaction)	Size (sensory)	I am learning to sort by size (Practical/Interaction)	Colours (sensory)	I am learning to sort by colour (Practical/Interaction)	I learning to sort into more than one category
Literacy/Communication Focus: Sensory Exploration	Vocabulary from the focus story	Key parts of the focus story	Sensory: Focus on a colour/feeling a week Green	Sensory: Focus on a colour/feeling a week Red	Sensory: Focus on a colour/feeling a week Blue	Sensory: Focus on a colour/feeling a week Pink	Sensory: Focus on a colour/feeling a week Yellow
Science My Body	I am learning the names of main parts of my body	I am learning the names of main parts of my body Interaction	I can identify parts of the body	I am learning about the parts of my face	I am learning about the parts of my face	I am learning the features of my face	I am learning how my hands and feet help me everyday
UTW: History Family Trees/Timelines/Families	I am learning the key words for the topic of my family	I am learning who is in my family	I am learning who is in my family	I am learning to name and match members of my family	I am learning that I have grown from a baby (past to present)	I am learning the words oldest and youngest.	I am learning the words oldest and youngest.
PSHE Feelings	I am learning that everyone has feelings	I am learning to recognise what happy looks and feels like	I am learning to recognise sadness and ways to feel better	I am learning to recognise anger and ways to respond	I am learning to recognise what being scared looks like	I am learning to recognise different feelings	I am learning to identify how I am feeling
Art Colour mixing (body artwork)	I am learning to mix paint to match my eye colour	I am learning to mix paint to match my hair colour	I am learning to mix paint to match my skin colour	I am learning to mix paint to match my lip colour	I am learning to use paint colours to create a painting of my face	I am learning to use paint to make hand prints (sensory)	I am learning to use paint to make footprints. (sensory)
Fine Motor Tweezers	I am learning to use the appropriate grasp when holding tweezers (sensory)	I am learning to squeeze the tweezers (sensory)	I am learning to pick up larger objects with tweezers (pompoms)	I am learning to pick up smaller objects with tweezers	I am learning to use tweezers to move an object (sensory)	I am learning to use tweezers to sort objects (sensory)	I am learning to use tweezers to sort objects
Gross Motor Hand Eye co-ordination	I am learning to reach and grasp a ball	I am learning to look at someone when they are throwing a ball (interaction)	I am learning to look at someone when I am throwing a ball (interaction)	I am learning to throw a beanbag at a target	I am learning to throw a beanbag at a target	I am learning to roll a ball to a target	I am learning to roll a ball to a friend (interaction)
PE Games (Bouncing and catching)	I am learning tolerate handling a variety of balls	I am learning to throw a ball so it bounces	I am learning to bounce balls with adult support	I am learning to bounce the ball once	I am learning to control a ball when bouncing it	I am learning to bounce a ball and catch it with two hands	I am learning to bounce a ball to a friend
PfA (Self care) Personal Care/Bathroom skills	I am learning the name of items I can see in the bathroom	I am learning to tell when I need the toilet	I am learning how to sit on the toilet	I am learning to the steps of using the toilet	I am learning to follow visual prompt when using the toilet	I am beginning to use the toilet independently	I am beginning to use the toilet independently
Life skills Emotions/ZOR strategies	I am learning the colours of the zones	I am learning how I would feel in the green zone	I am learning how I would feel in the blue zone	I am learning how I would feel in the yellow zone	I am learning how I would feel in the red zone	I am learning strategies to help me	I am learning strategies to help me
Cooking (optional)	Yellow foods	Beige foods	Green foods	Red foods	Orange foods	Purple foods	Rainbow plates